

THE SPORTS CONCUSSION PROGRAMME 2024

Date: _____

Name of player: _____

Date of injury: _____

Should not attend class until _____

Justification: _____

Should please be allowed the following academic concessions

Justification: _____

May not partake in sport until further assessment

Reason: _____

May resume non-contact training as per “return-to-sport” schedule

May resume full training and sports participation as from

These guidelines are in accordance with international concussion consensus for youth athletes.¹

Yours faithfully

Dr



1. Patricios JS, Schneider KJ, Dvorak J, et al. Consensus statement on concussion in sport: the 6th International Conference on Concussion in Sport-Amsterdam, October 2022. *Br J Sports Med.* 2023 Jun;57(11):695-711.