

Prof Jon Patricios  
Sports, Rugby and Concussion Experience

Prof Patricios (MBBCh MMedSci FACSM FFSEM (UK) FFIMS) has been in sports medicine practice for over 20 years. He is currently Director of Waterfall Sports Orthopaedic Surgery in Johannesburg and an Associate Professor in the Faculty of Health Sciences, University of the Witwatersrand. He is a Fellow of the American College of Sports Medicine, the Faculty of Sports & Exercise Medicine (UK) and the International Sports Medicine Federation. Jon serves on the Advisory Board of the University of Washington, Seattle Sports Health and Safety Institute. He is a senior associate editor of the British Journal of Sports Medicine and Current Sports Medicine Reports (USA) and served 2 terms as President of the South African Sports Medicine Association. Jon has been team physician to school, club, provincial and international sports teams in rugby, cricket, soccer, athletics and basketball, has been member of the Cricket South Africa and SA Rugby medical committees and the Discovery Rockies Comrades Marathon Panel of experts.

Jon is founder and Director of Sports Concussion South Africa, sports concussion consultant to South African Rugby Union, written the concussion protocols for the BokSmart injury prevention programme is and member of the World Rugby Concussion Advisory Group, a board member of the international Concussion in Sports Group and has served on tribunals for the South African Institute for Drug Free Sport.

Jon is a member of the international Concussion in Sport Group and a co-author on the 5<sup>th</sup> International Consensus Statement on Concussion in Sport. He is on the Scientific Committee of the International Concussion Consensus Conference, Paris 2020. Jon is the founder and director of Sports Concussion South Africa

and the Schools Sports Concussion Programme. He is the author of the Sports Concussion Chapters for the International Sports Medicine Federation (FIMS) manual on injury management (2009), Netter's Sports Medicine (2<sup>nd</sup> edition, 2016) and the South African Rugby Union "BokSmart" concussion protocols (2008-2019) and is a concussion advisor to Aspetar Sports Medicine in Doha, Qatar. He has presented the concussion programme including the integration of clinical assessments and cognitive screening at international congresses including the American Medical Society for Sports Medicine (2013, 2015 and 2018), American College of Sports Medicine (2007-2016), South African Sports Medicine Association (2005-2017) and the International Olympic Committee Injury Prevention Conferences (2011, 2014, 2017) and presented at the International Conference on Sports Concussion (Zurich, 2008 and 2012 and Berlin 2016). In February 2012, the Sports Concussion Assessment Tool (SCOAT) that he developed as a clinical assessment tool for concussion was published in the British Journal of Sports Medicine. In October 2016 Jon was one of 12 international experts presenting papers at the 5<sup>th</sup> International Conference on Concussion in Sport in Berlin, October 2016. He was responsible for leading the writing the "sideline screening" part of the 5<sup>th</sup> Consensus Paper on Concussion in Sport to be published in February 2017. He was also a member of the 2016 Sports Concussion Assessment 5 (SCAT5) and Child SCAT 5 working and writing groups. In November 2017, he was part of a FIFA Professional working group formulating learning modules for medical professionals. In 2017 Jon was appointed to the Board of the Concussion in Sport Group.

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