
DR RYAN KOHLER – CURRICULUM VITAE

Personal Information

Residential address: 19 Hazelgrove Street, Harrison, Canberra, ACT, 2914
14 Winchester Crescent, Baronetcy Estate, Platteklouf, Cape Town, 7500

Telephone: +61 459 226 066 / +27 82 784 5737

Email: ryankohler@bigpond.com

Date of birth: 24 June 1973

ID number: 730624 5008 085

Languages: English, Afrikaans

Qualifications: MB.Ch.B (UCT), MPhil (Sports Medicine)(UCT), FACSM, FFSEM (UK), FACSP

Qualifications Obtained

Fellowship:

October 2011 Fellow of the Australasian College of Sports Physicians (FACSP)

March 2010 Fellow of Faculty of Sport and Exercise Medicine – United Kingdom
(FFSEM)(UK)

Jun 2009 Fellow of the American College of Sports Medicine (FACSM)

Degree:

Jan 2000 – Dec 2003 Masters of Philosophy in Sports Medicine (MPhil) - Distinction
University of Cape Town, Cape Town, South Africa

Jan 1992 – Dec 1997 Bachelor of Medicine and Bachelor of Surgery (M.B.Ch.B)
University of Cape Town, Cape Town, South Africa

Diploma:

Dec 2006 Advanced International Team Physician Diploma – American College of
Sports Medicine

Secondary Education:

Jan 1987 – Dec 1991

Cape Senior Certificate

Selborne College, East London, South Africa

Awards: Eastern Cape Environmental Science Award

SA Perm Scholarship

Rhodes University Science Award

Cape Times Centenary Youth Medal for Independent Research

Work / Practice History

Nov 2010 – present

Sport and Exercise Medicine Physician – Australian Institute of Sport, Canberra, ACT

June 2010 – Oct 2010

Senior Registrar Sport and Exercise Medicine - Australian Institute of Sport, Canberra ACT

Jan 2004 – May 2010

Team Physician Stormers Super Rugby and WP Rugby (PTY) LTD

Medical Researcher and Team Physician - South African Rugby Union (SARU)

Jan 2000 – Dec 2003

Sports Medicine Practice manager - South African Sports Science Institute
University of Cape Town Sport and Exercise Science Department Lecturer
Accident and Emergency Medicine - Cape Town – ATLS ACLS APLS Certified

Jan 1998 – Dec 1999

Internship and Medical Officer, Frere Hospital, East London, South Africa

- Rotations: surgery / medicine / obstetrics and gynaecology / paediatrics / orthopaedics / otorhinolarygology

OTHER

Jan 2003 – present

Director – Dr R Kohler Incorporated

Company no: 2003/003313/21, VAT Registration no: 4290215427, Practice no: 1494315

Jan 2001 – present

Co - Founder and Co - Director Pharos National Schools Sports Concussion Programme – South Africa

- National community based sports concussion programme
- Website: www.sportsconcussion.co.za

Current Registration History – Australia, South Africa, United Kingdom

Medicare Provider number	No 4278661W
Australian Medical Council (AMC)	No 8003618333678638
Australasian College of Sports Physicians	No 161902578
Health Professions Council of South Africa	MP 0486302
South African Sports Medicine Association	No WC039
Faculty of Sport and Exercise Medicine (UK)	No 636
General Medical Council (United Kingdom)	No 4561727

Publications

Patricios J, Collins R, Roberts C, **Kohler R**. The Sports Concussion Note: Should SCAT become SCOAT? *British Journal of Sports Medicine* 5 December 2011 published first online.

Kohler R. The Role of Exercise. *CME* June 2005; 245(5):67-69.

Kohler R, Meltzer S, Jakoet I, Noakes T. A practical guide to the use of nutritional supplements in South Africa. *CME* March 2004:72-76

Kohler R. Concussion in Sport – Practical management guidelines for medical practitioners. *CME* March 2004:25-28

Kohler R. The management of concussion in rugby football: An update. *South African Sports Medicine Journal* 2003; 15(1):16-20.

Kohler R, Jakoet I, Mandrja S. South African rugby guidelines on the management of concussion. *South African Sports Medicine Journal* 2003; 15(1):26-28.

Kohler R and Meltzer S. A practical guide to the use of nutritional supplements in South Africa. *South African Sports Medicine Journal* 2003; 15(1):35-37.

Kohler R, Bonner B, Louw A, Millin R. Isolated gallbladder rupture in a schoolboy rugby player. *British Journal of Sports Medicine* 2002; **36**:378-379

Kohler R, Lambert MI. Urine Nandrolone Metabolites: False Positive Doping Test?
British Journal of Sports Medicine 2002; **36**:325-329

Kohler, R. Creatine supplementation and exercise performance in rugby players.
S.A. Journal of Sports Medicine 2001; **14**:26-30.

Conferences:

Australasian College of Sports Physicians Annual Scientific Conference 2010, 2011

Australasian College of Sports Physicians Registrar Conference 2010, 2011 (presentations)

American College of Sports Medicine (ACSM) Annual Meeting: 2004 – 2009

- 2007: Seminar: Sports Concussion Management: Consensus and Practical Applications – presenter
- MSSE 2004; **36**(5):1159 “The effect of musculoskeletal injury on endogenous nandrolone metabolism”

South African Sports Medicine Biennial Congress: 1999 – 2009

- 2003, 2006: An update on concussion in rugby union

International Sports Medicine Federation Conference (FIMS): 2006 - 2009

- 2006 “Caring for the athlete and the team” – Recent advances in concussion management.
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References

Dr Stanley Herring: Harbour View Medical Centre Seattle, WA: 206-744-0401

Professor Martin Schwellnus: Faculty of Health Sciences, University of Cape Town, Cape Town South Africa: + 27 21 650 4561 mschwell@iafrica.com

Professor Wayne Derman: Faculty of Health Sciences, University of Cape Town, South Africa: + 27 21 650 4560 wayne.derman@uct.ac.za

Professor David Derby (Neuropsychologist): CogState Sport LTD, Melbourne Australia: + 61 419 136 847 - : ddarby@cogstate.com

Dr Phil Lucas (Radiologist): Sydney, Australia: + 61 04 12 26 38 23, philucas@bigpond.net.au
